

Amendments to the Specification:

Please replace the Abstract beginning at page 22, line 2 with the following Abstract:

B --A lightweight door for motor vehicles includes an essentially U-shaped supporting frame including a hinge support forming one U-limb, a lock supporting forming the other U-limb, and a door bottom that interconnects the hinge support and lock support. Inner and outer window gutter profiles are made from light metal or a light metal alloy and are fixedly connected to the hinge support and lock support, wherein if the lightweight door is installed in a motor vehicle body, the inner and outer window gutter profiles are essentially aligned in the longitudinal direction of the motor vehicle body. A lateral impact protection element has first and second ends fixedly connected to the U-shaped supporting frame, wherein the lateral impact protection element is an extruded profile made from light metal or a light metal alloy. A window frame made of light metal or a light metal alloy has first and second ends fixedly connected to the inner window gutter profile. The U-shaped supporting frame is made from one piece of a light metal or a light metal alloy sheet as a pressed part or a deep drawn part.--